

**INSIDE THIS ISSUE**

|                                     |   |
|-------------------------------------|---|
| Thrift Store Grand Opening          | 1 |
| Participant of the Quarter          | 2 |
| Employee of the Quarter             | 3 |
| In Loving Memory-Jane               | 2 |
| In Loving Memory-Chris              | 3 |
| LSR Locations & General Information | 4 |

# THRIFT STORE GRAND OPENING

Lincoln Self Reliance has received a three-year CARF accreditation for Community Services: Community Integration, Housing, and Supported Living.

## FROM THE DEPUTY DIRECTOR, ANNETTE EGGLESTON

### Lincoln Self Reliance Thrift Store

In January LSR opened a new thrift store in the lower level of our main office. We have had an outpour of donations to get things up and going. We have a very nice selection of items to choose from; such as clothing, kitchen and bathroom items, home decor, some outdoor decor and yard tools, as well as small furniture and sporting goods. Our clients and staff have gone through donations and selected the highest quality items to be sold. We have new items arrive almost daily giving our customers something new to see each and every time they visit our store. We plan to keep our prices low and our selection fresh. We hope to see this little business grow and expand as more people find us.

This has been something we here at LSR have been working to get up and going for a number of years. A small store like this will give individuals an opportunity to learn skills that could be used in our community. We have had a number of clients volunteer to help get things ready for our opening. They have learned to sort items by size, color, and type. They have been helping with setting up displays and deciding what items are of the best quality. This project has been a fun learning experience for a number of individuals. We are hoping that as we build the business we will be able to employ some of the LSR clients to help run the store.



LSR Thrift Store! Come Check Out the Great Deals!  
Hours: Mon-Fri 10:00am-6:00pm  
Sat 10:00am-2:00pm



Community Partner

---

## PARTICIPANT OF THE QUARTER



Cindy Olson became a client at LSR in January of this year. She moved in to the residential home in Afton and made herself right at home. She has adjusted well with her new environment, housemates and staff.

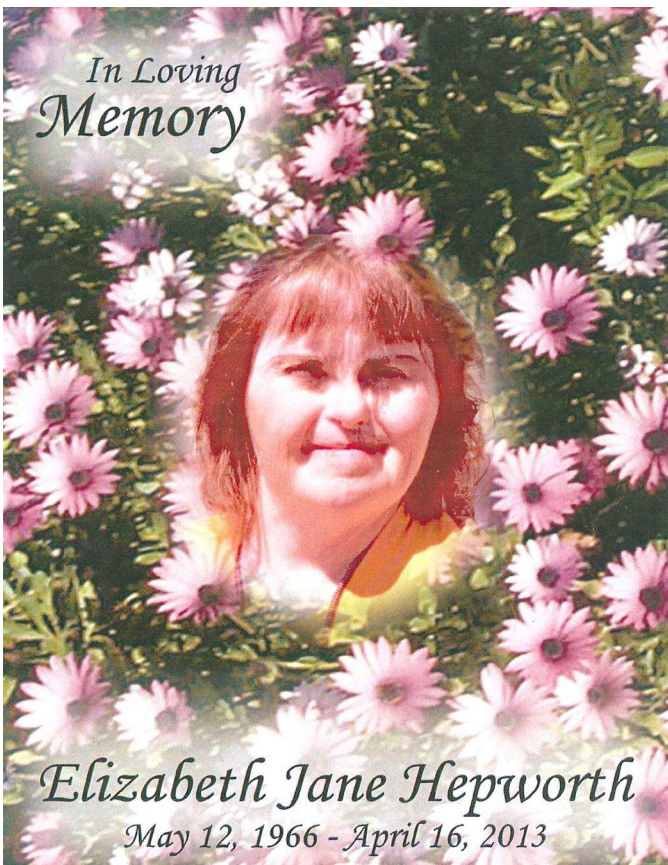
Cindy has a great relationship with her family members. When they come to visit on a regular basis, Cindy's face lights up. She is excited to introduce her peers and staff to her brothers and her mother.

Cindy has made several friends that live in her home and at day-hab. Every day she comes in the door with a great big smile on her face and open arms. She really loves to greet each person she sees.

"Cindy has an AMAZING sense of humor" stated one of her staff. When Cindy starts laughing for whatever reason, laughter will spread throughout the dayhab room. Her laugh is extremely contagious.

Cindy has a kind and gentle disposition. She gets along with everyone and meets new friends where ever she goes. Cindy loves children and wants to shake their hands when she sees them. "Cindy is definitely a mother hen" stated one of her staff.

We are so glad that Cindy is a client at LSR and are proud of her accomplishments since she has been with us. She instantly brings a smile to our faces and warms our hearts.



Elizabeth Jane Hepworth  
May 12, 1966 - April 16, 2013

To a beautiful, fun loving woman that changed all of our lives.

Elizabeth Jane Hepworth was a wonderful person which we were blessed to have had the opportunity to know and love. Between her dresses, jewelry, and makeup she was a lady through and through. She had many loves which included singing and dancing, chocolate, soda, Snickers candy bars, paperwork and most of all her family and friends which she had an abundance of. There were, in fact, no strangers in Jane's life, everyone she met became an instant friend thanks to her caring smile and friendly nature. She didn't stop at making friends, as she had an exceptional ability to bring other people together.

Jane was always looking forward to upcoming trips and events, especially if she was going with one of her brothers or "the Boss". She never hesitated to voice her opinion in the most straightforward or clever ways. The fun sayings she always came up with will be etched in our memories forever. She made a permanent mark on LSR though she will be dearly missed she will never be forgotten.

## EMPLOYEE OF THE QUARTER

Julie Cooper, RN has been gleefully chosen as LSR's employee of the quarter. Julie has worked at LSR since June 2011. She initially worked directly with the clients at our LSR residential home in Thayne. This is a benefit to LSR and Julie gives great insight regarding client home life. She is a fabulous nurse and a great friend to many of her coworkers.

Julie has been a nurse since 1993 when she completed an associate degree of nursing, from Salt Lake Community College. Julie has worked in long term care, home health, hospice, and pediatrics. She worked at Intermountain Healthcare for 18 ½ years, part of which was as a surgery tech. She also worked on the psych unit at Primary Children's Hospital for 15 years. Julie has taken specialty training in foot care and is an amazing resource for our clients

Julie has 5 children and many others whom she claims as her own. She currently has two grandchildren, ages 3 and 5, she exclaims "they light up my life." When Julie isn't working you may find her nose in a book. She enjoys partaking in theatre, when she's not the lead star. She is also interested in nutrition and participates in seminars and extensive research about healthy eating. Julie enjoys cooking and baking, which is a benefit to her coworkers. She has vast wisdom and is an advantage to our nursing team.



Christopher Durk Lowe  
Born August 22, 1991 – April 2, 2013

Chris was to everybody exactly what they needed; which meant something different to each person. Something very special. He loved escaping to music, enjoyed trips, and socializing with his peers. His positive outlook on life could radiate any room. He was taken young, with a lot of drive in his heart, and a glimpse of heaven in his eyes. He carried the kindest heart, this side of the Mississippi. Chris had the ability to reach for your hand, and touch your heart. Whether it be through his manners and appreciation for any help, or his pranks with that contagious laugh that followed, he left his mark on all of us. He is and always will be greatly missed by each of us at LSR.

# LSR

**Lincoln Self Reliance, Inc.**

**P.O. Box 1449  
1038 S. Washington  
Afton, WY 83110**

---

---

## **Lincoln Self Reliance, Inc.**

---

---

### **Afton**

P.O. Box 1449  
1038 S. Washington  
Afton, WY 83110  
Phone: 307-885-1577  
Fax: 307-885-2577

### **Thayne**

250 Van Noy Parkway  
Thayne, WY 83127  
Phone: 307-883-2577  
307-883-5577  
Fax: 307-883--5578

### **Diamondville**

P.O. Box 367  
20 Adaville  
Diamondville, WY 83116  
Phone: 307-877-1321  
Fax: 307-877-5774

### ***Mission Statement***

*It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.*

### **Board of Directors**

Marti Halverson, President  
Farrel Hoopes, Vice President  
Kirk Smith, Secretary/  
Treasurer  
Seth Jenkins, Member  
Susan Park, Member  
John Sawaya, Member

### ***Lincoln Self Reliance, Inc.***

*is a private not-for-profit community based provider for individuals with disabilities. We provide Adult, Child, and Acquired Brain Injury Waiver services as well as Vocational Training.*