

Lincoln Self Reliance Review

From the Director

Darrel Skinner

We are busily trying to get some construction projects off the ground at LSR. The 1038 South Washington building in Afton is getting a much needed enclosed wheelchair ramp to access our Day Hab program located in the lower level of the building. The contractors are busy pouring the footings and trying to get the concrete work done before snow falls.

In Diamondville, a remodel for the program manager/case manager office is being worked out. Initial costs and designs are in the process of being completed and if all goes well will result in three rooms being constructed from one classroom that will allow for better privacy/confidentiality of client and personnel matters.

LSR is also working on updating the telephone system in the Diamondville facility. The system that is currently being used has been cycled through two prior facilities and is in need of updating to meet the demands of a growing program.

Finally, LSR is in the process of assessing the feasibility and need for 24-hour Residential Habilitation services owned and operated by LSR in the Kemmerer/Diamondville area. When LSR was first established in 2000, long-term strategic planning goals included running a 24-hour residential home in both Afton and Kemmerer/Diamondville. This goal has come to completion in the Afton area and will hopefully be completed in the Kemmerer/Diamondville area within the coming year. LSR has been working with a local realtor to identify possible locations for the home but haven't found a lot of options with the tight housing market in Kemmerer/Diamondville area.

In closing, I would like to give a big "thank you" to all of the persons served, parents/guardians, and community stakeholders for your generous support shown to LSR over the past year. LSR has been and will continue to be a successful program for persons with disabilities as a result of your continued support.

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Diamondville Client Of the Quarter

Amanda (Mandy) Mower is Diamondville's client of the quarter.

Mandy was the third client to start Day Hab in the Kemmerer/Diamondville area. She transitioned from the Kemmerer High School.

Mandy is our resident dinosaur expert. She has more dinosaurs, dinosaur books and dinosaur information than anyone we know. Mandy can identify many different dinosaurs just by the way they look. For the Lincoln County Fair one year, she made a dinosaur diorama.

Mandy likes doing her work binder which contains many different kinds of activities involving writing, coloring, cutting, reading, etc. She also likes the Leap Frog system. Mandy enjoys being on the computer. She can navigate well through several programs. Mandy's favorite thing is doing crafts. It doesn't matter what craft ; she gets into it. Another favorite is shopping.

Mandy is a great addition to our Day Hab program.



Companywide Quarterly Lesson Plans

Persons served had ideas, wrote the plans and presented: **70**

Staff had idea, wrote and presented: **84**

Persons served/staff as a team had ideas, wrote the plans and presented: **22**

Total: 176

Some of the interesting lesson plans we have had are: going to Fossil Butte; going to the park; making a popcorn rock; learning to crochet; bowling; I spy Bingo;

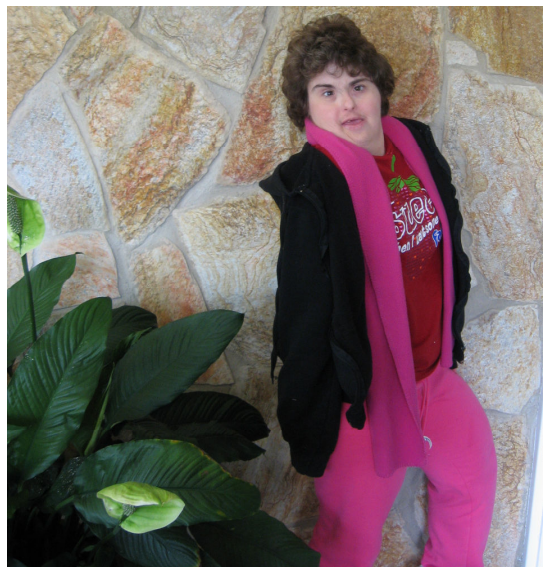
Afton Client of the Quarter

Jane Hepworth is one of our newest clients at the LSR Afton office. She has come to us from Evanston. She is now living in the residential home.

Jane has made lots of progress in the time she has been here. She loves to help do chores and join in the group activities. She is coming up with ideas that everyone can do together.

Jane enjoys reading her books, art projects, puzzles and more.

Jane is our fashion queen and is very nice to everyone. We are glad that she is with us at LSR.



Afton Adult Residential/Vocational Manager, Annette Eggleston

This last three months have been busy at Oakwood, our residential living home, as we might expect. Everyone had a fun time at the LSR Annual Golf Tournament. The fair was great and the clients had a good time helping out in the food booth. The Residential clients did a great job in keeping us in cookies and rice crispy treats. They were excited to have tickets to all of the events except the concert; too bad the weather would not allow them to enjoy very much. In July and August the residential clients had a number of BBQs and picnics.

Everyone in residential had fun helping to prepare for the awards banquet. Everyone had a great time receiving awards and as much fun enjoying the music thanks to "Wyoming Red". We loved to see all of the families and friends at the banquet. We would like to thank Tim Stewart for allowing LSR to use the Barn at the Star Valley RV Park. This allowed us to have plenty of room for everyone to attend.

The next few months we are looking forward to some upcoming events. The Oakwood residential clients and staff are planning a Halloween party for October and Thanksgiving Dinner for the residents families in November and then of course a fun Christmas Party in December.

They will be working on healthy eating and portion sizes the next few months to help everyone be aware of what we are eating over the holidays.

The clients and staff at LSR's Oakwood Residential home would like to thank the Star Valley High School Honor Society for all the work they did in making the yard look so much better.

Afton Day Hab Supervisor, Misty Wilkes

Another quarter has gone by and we have again been very busy. Staff has participated in several trainings this quarter, such as Blood Borne Pathogens, PASS/Safe Driver and Harassment. Persons Served have had small weekly trainings in the areas of safety and social skills. They were also able to participate in training from Protection and Advocacy. They were able to learn how to register and vote. They really seemed to enjoy casting their votes on the voting machines that were brought in.

We have had a lot of fun activities this month. Some of the highlights have been the annual golf tournament, yard sale and the local fair. We had several board members volunteer their time working at the food booth. We really appreciate their support. Some other activities include a day trip to Yellowstone and another to Soda Spring to visit the geysers.

The Highlight of the quarter had to have been the Annual Awards Banquet. We were able to have it in the "Barn" at Star Valley Ranch. It was really nice that we had enough space to allow the clients to invite their entire family. Entertainment was provided by Wyoming Red and The Signing Bells a music group made up of LSR Persons Served. Persons Served prepared all month for the performance. A big thanks to Pamela McKen who worked with the clients and put a lot of hard work into getting everything ready.

We have had several changes in staff this quarter. Christy Baca is no longer with us and Cindy Keyfauber has replaced her as the LDSP. We also have several new DSPs' Amber Eggleston, JoAnnah Rich and Hannah Felix. We are really excited about having them on our team.

Case Management, Cindy Wardell

Well, here we are again back to autumn and then we can look forward to snowmen and Christmas Trees.

I would like to give parents and guardians some general information about the out of home placement funding. The state said they still have 20 spots available. If you are interested in accessing this funding, contact your case manager. The case manager will submit a request to the Adult Waiver Manager on behalf of the client. The waiver manager will notify the ISC whether or not the request has been approved or denied. If the request is approved, the ISC will schedule a time for a transition meeting. This meeting is usually scheduled thirty days out. The ISC will also inform the area resource specialist of the intended transition. After the transition meeting, the ISC will submit the plan or modification with the schedules and objectives to the waiver specialist for approval.

When the plan or modification is approved, the ISC will send the plan and signed pre-approval to the guardian and all of the providers.

If you have any questions regarding the out of home placement funding, you may contact your case manager.

Diamondville Program Manager, Susan Park

The Diamondville Office was contacted in July for Special Olympics. I sent out notes to see who would be interested. We have two "for sures." We thought we may be able to go by this fall, but could not get staff to training so they could become coaches. There are two other clients that are maybes. Special Olympics depends on a lot on the involvement of providers, guardians, and families.

I did a presentation at Enterprise Corporation. They are considering us for a donation.

We did a booth at Oyster Ridge. It is a lot of work and demands a lot of volunteer time from the staff. We did not see much profit from it, so we may not be doing it next year. We had our company picnic. There was no long wait in the food line, and those who attended had the opportunity to talk and relax.

We lost one of our DSPs this quarter, so the remaining staff had to put in extra time and effort to keep the Day Hab running smoothly. They did a great job.

I got everything in place on Therap in August so all of our documentation could be entered on the computers in September. We ran into some bumps our first month of running all our documentation, but we learned a lot and October should go smoother

September was our yard sale. It was a huge success thanks to all the donations from the Kemmerer/Diamondville areas. Our raffle went over in a big way. We raffled off a BMX, 110, Mini-four wheeler. Steve Peart was the lucky winner. Lori Thornock sold the most tickets. Jenifer Price was second in sales.

Our trainings this quarter were: Harassment; Therap; Bloodborne Pathogens; two Mini-MANDT trainings; the Importance of Rights Restrictions and Restrictions Specific to Each Client. Our Lead Direct Support Professional, Shirley Deason, was certified in CPR/First Aid so she can do staff training in Diamondville.

I would like to let everyone know I will be retiring the end of February. LSR has been the best employment of my career. I am proud of the fact I was here from day one and was instrumental in helping start one of the best programs in the state. Yes, I am prejudice . I am by no means walking out the door and never looking back. I plan on doing some volunteering to help with my withdrawal symptoms. I appreciate everyone I have been associated with over the years, the clients, staff and other providers.

Lincoln Self Reliance, Inc. is a private, not-for profit community based provider for individuals with disabilities. We provide Adult, Child, and Acquired Brain Injury Waiver services as well as Vocational Training

UPCOMING EVENTS 2008

MISSION STATEMENT

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.

- Flu Vaccinations
- Fire Suppression Training
- Usborne Book Sale Fund Raiser in Diamondville
- Halloween Parties in Both Offices
- Thanksgiving Dinners for clients and their families/providers in Diamondville and at Oakwood

President Margie Points

Vice President

Secretary/Treasurer Jill Larson

Chad Jensen

Monica Glynn

Seth Jenkins

Dixie Roberts

Next Board Meeting

November 6, 2008

Diamondville Office

(Weather permitting)

Diamondville

P.O. Box 367

20 Adaville

Diamondville, WY 83116

Phone: 307-877-1321

Fax: 307-877-5774

Afton

P.O. Box 1449

1038 South Washington

Afton, WY 83110

Phone: 307-885-1577

Fax: 307-885-2577

Web Site

www.lsrservices.org

Lincoln Self Reliance, Inc.
P.O. Box 1449
Afton, WY 83110