

Lincoln Self Reliance Review

From the Director

Darrel Skinner

Client of the
Quarter from
Diamondville
Joshua
Hawkes



Check it
out on
Page 2



Client of the Quarter from Afton
Jeremy Martinsen

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LSR has recently completed another fiscal year and looking back has accomplished a lot of exciting projects. During the past fiscal year, LSR opened the new Residential Home in Afton which has been at capacity since opening. LSR is in the process of locating additional housing in Star Valley as well as Diamondville/Kemmerer. We hope to be able to expand the services in both locations as soon as appropriate locations are found. As of June 2008, the Wyoming Division of Developmental Disabilities still had funding slots available for residential habilitation.

The skilled nursing program at LSR has been growing over the past several months. There are currently eight persons served who have skilled nursing on their Individual Plan of Care. LSR has a full time RN, a part-time LPN, and a back-up RN to serve the needs of individuals in the Star Valley area. LSR would like to expand skilled nursing services to include the Diamondville/Kemmerer area and are working on identifying the resources to do so.

LSR is excited to report that a grant from United Way of Southwest Wyoming was awarded for the 2008-2009 FY in the amount of \$16,690. The funds will be used to help cover the rising costs of transportation services for persons served. With the rising costs of fuel and reduced funding for day habilitation services, the grant will be a big help in providing transportation to persons served.

LSR greatly appreciates the persons served, parent/guardians, staff, and stakeholders for the success that LSR has been able to achieve. If you have any questions regarding services provided at LSR or projects that are in the process of being implemented, please call 307-885-1577 ext. 12 or stop by the Administrative office in Afton.

Diamondville Client Of the Quarter

Meet Joshua Hawkes. Josh was the first client to be served in the Kemmerer/Diamondville office. The rest of Day Hab sort of revolves around him because over the years he has reached the status of “chief supervisor.” It has been great watching him grow and change over the years.

Josh spends the first part of his Day Hab day getting on his positioning equipment. He likes all his equipment except the sidelyer. Josh lets us know he is not particularly pleased about doing sidelyer time. He loves to travel and has gone many places with us. Josh even got to go to Hogle Zoo with us one year.

The other persons served at LSR like Josh. We have clients who read to him, clients that try to share his positioning equipment and others who like to talk to him.



Just kickin back and chillin.

Josh is very social and has no compunction about vocalizing to tell you how things are in his world.

Josh lives with a great provider family who take care of his every need.

Companywide Quarterly Lesson Plans

Persons served had ideas, wrote the plans and presented: **62**

Staff had idea, wrote and presented: **57**

Persons served/staff as a team had ideas, wrote the plans and presented: **66**

Total: 185

Some of the interesting lesson plans we have had are: favorite color, stuffed animal, short story, show-n-tell, and sport days; decorating the tree at the Workforce office for the 4th of July;

Afton Client of the Quarter

Jeremy Martinsen has received his five year certificate for working for Lincoln County. When Jeremy was asked what he liked most about his job he stated, “My job teaches me honesty, responsibility and doing the job right.” He likes his job and takes great pride in his work. His mom helped him get his job and he loves going to work.

Some other hobbies that Jeremy enjoys are learning how to be more self reliant, studying about his church and religious beliefs and writing books.



Adult Residential/Vocational Manager, Annette Eggleston

As we expected, we have been busy this spring/summer. LSR had a DDD Site Survey and are very pleased with the survey in both the residential and nursing. LSR brought a new client into the home in May. She moved here from Evanston to be closer to her family. Her family has loved having her close enough to stop in a time or two each week to see her. We have hired a few new staff these last few months. We hired Stephanie Henderson and Deidra Gardner they are both working out very well. As much as we hate to see Mary leave, she will be getting married and moving so we will once again have an opening at Oakwood.

We are waiting for the ramp on the front of the house to be covered with the safety coating. We are looking forward to getting some landscaping done around the house to make a more positive appearance on the outside. The clients are wanting to start a small garden. We have decided on a planting box that can be moved as needed. The client enjoyed the 4th of July Rodeo in Afton. They have gone on a number of picnics the last few weeks as the weather has permitted. We are excited to see the progress in a number of the clients at Oakwood. They are really making it a home.

We have brought a number of new clients into the nursing services. We hope to see this program continue to grow.

We had fun with some of our fund raisers so far this year. We had our Pizza Hut fund raising night and that was a great success, even Pizza Hut was surprised by the turnout. Thanks everyone!!

We have been gearing up for the golf tournament, fair, raffle, and our annual awards banquet that is a lot to pack into a few months. Our 6th annual golf tournament is being held on July 18th. The clients are looking forward to this event. The fair is just around the corner. We are looking forward to help from client, families and friends again this year. I will have signup sheet available so please give me a call with the date and time you would like to help. We are having a raffle this year as well. Clients will be bringing home raffle tickets if they want to help. We will have raffle tickets available at LSR or at Oakwood for anyone wanting to purchase them. We are moving up the date of our Annual Awards Banquet this year. We will be holding it on September 12, 2008 the Star Valley RV Park Barn. This will better help accommodate the families for all of our clients so mark our calendars now it is sure to be a great time

Lead Direct Support Professional, Haylee Eggleston

We have been very busy the last few months. Gaylynn Cole and Lindsey Jaques have joined us at LSR and we are very excited. They are doing an awesome job. We have done many lesson plans and gotten things ready for the golf tournament.

We have gone to the parks and picked up trash for volunteer work. We are getting ready for a garage sale that will be on the 24th and 25th of July.

We went to "Mountain Man Days" in Alpine, the Clients really enjoyed walking around and looking at all of the booths. They enjoyed getting out in the community .

Day Hab Supervisor, Misty Wilkes

Another quarter has gone by and we have again been very busy. Staff has completed our annual MANDT training; blood Borne pathogens as well as some client specific trainings. Both CSI and Day Hab have been working hard on having individual trainings within their departments to help provide better service for our clients.

During the month of May staff participated in our Pizza Hut fundraiser. Staff was really excited and seemed to enjoy working out of their element. Besides having fun we were able to earn some money for the company.

Also during May staff and clients helped get ready for our annual site survey for the Department of Developmental Disabilities, which went very well.

The highlight of the month for the clients had to have been our first annual “Prom” for young adults with disabilities. This was sponsored by the SV Rotary Club. We also had the opportunity to meet some Rotarians from Finland who were visiting for the week. The clients really had a good time. There was a lot of dancing and fun. They also had the opportunity to have their pictures taken. We really hope to make this an annual event, since it was such a hit this year.

In June staff and clients were busy hanging up fliers for our golf tournament around the community and cutting squares for the quilt.

We no longer have Brenda Leavitt with us; she will be missed by both clients and staff. We do have three new additions to staff. Lindsey Jacques, Roberta Grismer, and Meagan Lowery. They are all doing very well and we are very excited to have them as part of our team.

Case Management, Pam McKen

During the month of July, Case Managers were able to attend a training sponsored by the Developmental Disabilities Division. Dr. Shawn Powell traveled to several locations around the state to address the topic, “Positive Behavior Support Plans.” Oftentimes we tend to focus on negative behaviors and how to stop them, or at least decrease their frequency. Dr. Powell noted that a goal should be to increase positive behaviors as well as decrease negative behaviors.

Recognizing an “antecedent” (what happened before the target behavior) is valuable in understanding behaviors. In defining behavior, we should use terms that are observable and measurable. Collecting data specific to the behavior and frequency is called a “Functional Analysis” and is essential to understanding behaviors. Consequences are either reinforcement or punishment (careful that punishment does not actually reinforce rather than discourage).

This was an informative, useful training. The Developmental Disabilities Division has posted a, “Sample Positive Behavior Support Plan Format” on their website and is asking Case Managers to begin following this format.

Diamondville Program Manager, Susan Park

The last quarter we had three ABI meetings. We have a new person who has been attending. Her traumatic brain injury was from a car wreck. She is amazing in the recovery she made and how she accommodates for the issues she still faces.

The ISC, Cindy Wardell, and I gave a presentation to the school district on the Ten Commandments of dealing with individuals with disabilities. It was well received and talk was generated about presenting it to the students.

On April 18th, we held a fundraiser dance for the middle school children. We didn't make much money, but the children who attended had a blast. Next year it could be bigger. Because the ones who attended had so much fun, I think they will tell their friends, and we will have more in attendance next year. Dance-n-DJ played the music and he knew the right songs to play.

On April 19th, we had an adult dance at the Eagles. It did not turn out at all. This will not get a repeat performance for a fundraiser.

The Diamondville office did alright with the DDD survey. We had some issues we had to address, but they were fixable. The surveyor commented that she could tell the clients like attending and the staff did a great job.

We are in the midst of planning Oyster Ridge, the raffle and yard sale for three upcoming fundraisers. I am working through Best Price ATVs to see if they will either donate or reduce the cost for a BMX 110cc mini four-wheeler to raffle. The staff will get donations from area businesses so we can add other items to the raffle. This means more people have an opportunity to win something.

We had many trainings this quarter. They were: Proper Lifting and Transfers; new med tracking sheet was reviewed for use with a residential client; exploitation issues and how they apply to a specific client; cleaning sensory items and positioning equipment; importance of rights restrictions and specific rights restrictions each individual served has MANDT; CPR/First Aid. The ISC and I attended the following DDD trainings: Rate Changes; Application Process; Recognizing Abuse and Incident Reporting; Team Meetings and Transitions. Of course the Therap training is ongoing. I think we are starting to get a handle on it,

I have just become a member of the Adult Protection Team. The Department of Family Services Adult Protection unit is mandated to coordinate community teams designed to review cases in order to facilitate the provision of services that best suit vulnerable adults in our communities. The team is comprised of service providers in So. Lincoln County and we meet monthly to review persons of concern or bring in referrals. Our goal is also to educate the community and make them aware of abuse/neglect/exploitation issues as they affect our vulnerable and elderly adults. The team in Kemmerer has only been in place for a few months,

Only you can be yourself. No one else is qualified for the job.

We cannot direct the wind but we can adjust the sails.

Persons served always try to go a step past where others expect them to stop.

Lincoln Self Reliance, Inc. is a private, not-for profit community based provider for individuals with disabilities. We provide Adult, Child, and Acquired Brain Injury Waiver services as well as Vocational Training

MISSION STATEMENT

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.

President Margie Points

Vice President

Secretary/Treasurer Jill Larson

Chad Jensen

Monica Glynn

Dixie Roberts

Seth Jenkins

Next Board Meeting

July 22, 2008

UPCOMING EVENTS 2008

- Golf Tournament July 18, 2008.
- Afton Yard Sale July 24 and 25.
- Lincoln County Fair, LSR fundraiser. Booth selling food. August 4-9, 2008
- Oyster Ridge Festival, Kemmerer. July 25-27, 2008. LSR fundraiser. Booth selling food .
- Diamondville Raffle 110cc Mini four wheeler Great Safety features. Buy a ticket now.
- Diamondville Yard Sale September 4 and 5. Donations welcome.
- Diamondville Annual Picnic August 20, 2008. Start 6:00PM
- Diamondville Awards Banquet September 26, 2008.
- Afton Awards Banquet, September 12



Diamondville

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