

# Lincoln Self Reliance Review

## FROM THE DIRECTOR, Darrel Skinner

Check the Director's article

New guidelines are being set by the Federal Center for Medicaid Services. They require set rates for all waiver services.

With the upcoming 2008 Wyoming Legislative Session fast approaching, I wanted to share some information with Parent/Guardians, Stakeholders, and Persons Served. The Wyoming Division of Developmental Disabilities is working on guidelines set by the Federal Center For Medicaid Services (CMS). The new guidelines require that the Division establish set rates for all waiver services. In the past Day Habilitation and Residential Habilitation were a negotiated rate between the provider and parent/guardian. This will no longer be the case as early as July 2008.

With all three waivers being impacted, the Division is working out a schedule to make all three waivers have the same reimbursement rate for same types of services. Over the past several years, there has been an increase in adult waiver funding that was not evident in the Children and Acquired Brain Injury waivers. In order for the Division to equalize the three waivers and meet the new CMS guidelines, more money is needed for the Children and Acquired Brain Injury waivers to pay the same provider rates as the Adult waiver. If new funding is not appropriated by the legislature, the Adult waiver will see a decrease in funding which will have a huge impact on adults currently receiving services.

### Special points of interest:

- [Diamondville Program Manager and Residential Vocational Manager's articles](#) [Page 2](#)
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- [Lead Individually Selected Coordinator and Day Hab Supervisor articles](#) [Page 4](#)
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The Developmental Disabilities Legislative Select Committee has developed a funding bill to present to the Wyoming Legislature seeking additional funding to offset any negative impacts to the Adult waiver. I encourage you to contact any legislature members you know and enlist their support for the bill. Both Dan Dockstader and Pat Aullman are in support of the bill and were also on the Select Committee that developed the funding bill.

If you would like further information on how the funding changes will impact client services please contact me at 307-885-1577 ext. 12.

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### Diamondville Program Manager, Susan Park

You may have noticed from the heading that my job title has changed. This came about because I handle more than adult programs so Adult Program Manager didn't quite fit.

I have been doing some United Way presentations. I went to Rocky Mountain Power and the Chevron Mine to talk to the employees about our organization and how the United Way funds have helped us. I got a good reception at both places. The coordinators at both places were very helpful and friendly.

We have two new hires at the Diamondville Office, Melissa Lish and Rachel Palmer.

We received new carpet in the offices and the Day Hab area. BOCES coordinated getting this done. We took the opportunity to rearrange our space. We made the Day Hab more functional and homey looking. We made an area across the hall for the individuals who are higher functioning. The computers are there. We have a new TV (donated to us from Bruce and Joan Mower) and DVD/Video capabilities so we can do trainings with the clients (Circles, Self Determination and Life Skills). It also comes in handy for the client X-Box enthusiasts.

The clients have been busy in Day Hab. They like to make crafts, so we discussed a fundraising idea with them. They could help make crafts and then sell them at craft fairs. It is strictly volunteer. If they do not want to make a certain craft, they don't have to. Selling them will give them natural opportunities to use their math and interaction skills. Of course, they do not spend all their time making crafts.

In October, the clients had a Halloween party. They got a visit from two very strange, very strange, well, they were very strange staff. They weren't dressed like they normally are.

In November, we had our Thanksgiving dinner. The clients helped prepare all the food. We invited family members and providers.

We received a visit from Santa and the clients had a Christmas party.

In 2008, the clients are going to learn basic first aid. We serve clients who live on their own and first aid is an important skill for them to learn.

### Residential/Vocational Manager, Annette Eggleston

The last quarter has been a fun quarter in the residential department. It started out with Halloween. The persons served not only set up a trunk-or-treat van but also volunteered to help with the Thayne Community Halloween Carnival. They helped run a number of the booths and seemed to enjoy it very much.

We had a great time preparing our own Thanksgiving dinner. Each person prepared a traditional dish from their family's customs. We baked a turkey and had lots of goodies.

After Thanksgiving, we started looking forward to Christmas and started decorating the house with donated decorations. The house looked great. The persons served started making goodies to give to neighbors and their families. The persons served enjoyed these activities so much, they forwent going to the gym for three weeks. A number of the individuals went home with their families for anywhere from one day to three weeks.

We have had some changes to our staff at Oakwood this quarter. Our weekend full time staff moved so Amber, our 4:00PM to 12AM staff, took over that position leaving a full time evening position open. I would like to thank the staff that pitched in and helped cover this shift until it was filled. We still have our part time weekend position open. This has been covered by a number of our Day Hab ,CSI, and management staff.

What Persons Served Think

We asked the individuals we serve, "What was your favorite thing that happened last year?"

Mandy-I went to see Jason California. I went on the beach.

Nathan-I went home to see mom.

Alisha-My outstanding thing I did was going to Alaska. I am learning new meals to cook at home.

Billy-I went to see my family in Kansas City, MO.

Yi-I got married and on our honeymoon went to Kansas and Nevada.

Jackie- Moving into the residential home in August.

Cathy-I enjoyed going to Bear Lake in August with the group.

Angie-I went on a trip to Washington with another client and her family.

Simone-Going to Yellowstone with the group in September.

Spencer-Going to Yellowstone with the group.

**Activities That Occur Weekly/Monthly**

- Client/Staff Meetings**
- Client Safety Meetings*
- Shopping**
- Going to Lunch with Day Hab Supervisor*
- Attending Chamber and HRC**
- Cooking Projects*
- Circles/Life Skills/Steps**
- Volunteer at the Food Bank*
- Go to the Library**
- Swimming*
- Volunteer for Raising Readers**

**Companywide Lesson Plans**

Persons served had ideas, wrote the plans and presented: **72**

Staff had idea, wrote and presented: **88**

Persons served/staff as a team had ideas, wrote the plans and presented: **116**

**Total: 276**

**Lead Individually Selected Coordinator, Valerie Anglesey**

Hello everyone,

It is the start of another new year and, with that being said, we here at LSR are once again attempting new things to make our jobs better and improve services for those we work with.

LSR has made the decision to participate in an on-line program for keeping our company information. This program is in use by other organizations across the country. It puts information that is ordinarily kept in paper files into electronic format and makes it accessible to those who have the need and right to know. Different departments within LSR will have the ability to access information immediately instead of days or having to track down individuals to find out information. Case managers will be able to see what is happening with their clients everyday in programming instead of just the end of the month when paperwork is submitted. Company reports will be generated easily to make tracking of information better.

This program is CARF endorsed, which is our national accreditation program and is HIPAA compliant. This should make everyone feel good about its ability to maintain confidentiality. This program makes client information available by internet to parents/guardians by using an access code that is specific to them.

We have much to learn in getting all of this put together and working. There is still a lot of information to put into the system, but we are all working on this extra hours each week. We are planning on having the bulk of the information in by February and are already using sections of the program actively with the rest soon to follow.

As case managers, we may be asking families for information we have not obtained in the past to put in our new system. We are all so very excited about this program and its capabilities.

If you would like more information as clients and families about the program, we invite you to contact Darrel Skinner, our director, or stop in and we will be happy to show you.

**Day Hab Supervisor, Misty Wilkes**

This last quarter has been very eventful for our Day Hab programs. In October we were busy with Halloween stuff. We had a fun Halloween party that the clients seemed to really enjoy. We also had a Fire suppression training that day.

In November the clients were very busy as well with Thanksgiving. The clients did a great job and really seemed to enjoy preparing Thanksgiving dinner. They made turkey with dressing as well as homemade mashed potatoes and gravy. Many clients brought in their favorite dishes to share.

During the month of December, the clients enjoyed making Christmas ornaments and other Holiday crafts. They also enjoyed a visit from Santa. We had a special presentation from our ISC and a guest who preformed a couple of musical numbers.

Clients have been working very hard on lesson plans. They are not only writing them, but are implementing them. Day Hab programs are having group activities each Friday, including going to the gym to do different activities, watching movies and having game days. They may be starting up another music program shortly, taught by our ISC Pamela McKen. We are really excited about this.

We have had many changes in our Day Hab staff. Amber Erickson, Michelle Trochott, and Sarah Shorter are no longer with us. Cindy Keyfauver, Stephanie Daniels and Gay Lynn Cole have recently joined our team. They are all doing a great job!

We have also made some changes with our LDSP's. Brenda Leavitt is now the LDSP for the CSI group and Christy Baca is the LDSP for the Day Hab group. Both of them are doing a great job and have a lot to offer each department.

I really enjoy this new position and have kept myself very busy attending six month and annual staffing for our clients and filling in for the Day Hab program as needed. I hope to have a fun and eventful quarter

*Lincoln Self Reliance, Inc. is a private, not-for profit community based provider for individuals with disabilities. We provide Adult, Child, and Acquired Brain Injury Waiver services as well as Vocational Training*

**MISSION STATEMENT**

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.

**UPCOMING EVENTS  
2008**

CARF Recertification February 4, 5, and 6.

Fund Raisers at Diamondville

- February 11-Usborne Book sale in conjunction with selling crafts the persons served have made and bake sale.
- March 12-Pizza Hut. Staff at Diamondville will demonstrate their superior waitressing, dishwashing and hostessing skills.
- April 18-Dance for the Middle School children in the gym of the Burgoon School
- April 19-Dance for the adults at the Eagles Hall.

**LSR BOARD MEMBERS**

**President**                      **Steve Johnson**  
**Vice President**              **Margie Points**  
**Secretary/Treasurer**      **Jill Larson**

**Sharon Walker**  
**Dixie Roberts**  
**Margie Points**

**Next Board Meeting**  
**Tuesday, January 29 2008**  
**At 5:00 P.M.**  
**At the Diamondville Office**