

CONTACT AFTON OFFICE

Darrel Skinner, Executive Director

Phone: 307-885-1577 ext. 212

Email: darrels@lsrservices.org

Annette Eggleston, Deputy Director-

Program Manager

PO Box 1449

1038 South Washington

Afton, WY 83110

Phone: 307-885-1577 ext. 213

Fax: 307-885-2577

Email: annettee@lsrservices.org

CONTACT THAYNE OFFICE

Heather Bigelow, Program Manager

250 Van Noy Parkway

Thayne, WY 83127

Mailing address:

PO Box 1449

Afton, WY 83110

Phone: 307-883-2577 ext. 11

Fax: 307-883-5578

Email: heatherb@lsrservices.org

CONTACT DIAMONDVILLE OFFICE

Shirley Deason, Program Manager

PO Box 367

20 Adaville Drive

Diamondville, WY 83116

Phone: 307-877-1321 ext. 100

Fax: 307-877-5774

Email: shirleyd@lsrservices.org

CONTACT EVANSTON OFFICE

Ryan Pantle, Program Manager

100 Bear River Drive

Evanston, WY 82930

Phone: 307-789-2037 ext. 101

Fax: 307-789-0407

Email: ryanp@lsrservices.org

Audrey Jessen, Assistant Program Manager

Phone: 307-789-0739 ext. 111

Email: audreyj@lsrservices.org



P.O. Box 1449
1038 S. Washington
Afton, WY 83110
www.lsrservices.org



WWW.LSRSERVICES.ORG

VISION: LSR has created quality residential homes that enhance the lives of the participants in a close knit community through:

- Promotion of growth and independence leading to community involvement and integration
- Promotion of optimal health and safety
- Partnership between residential housing and the community.



Mission Statement: It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.



Community Partner

Private Not-for-Profit Organization
Contributions made to LSR are tax deductible.

LSR STAFF TRAININGS

- ◇ CPR/FIRST AID/SEIZURE
- ◇ MEDICATION ASSISTANCE
- ◇ MEDICATION TRAINING OBSERVATION
- ◇ MANDT
- ◇ EXPOSURE CONTROL
- ◇ BLOOD BORNE PATHOGENS
- ◇ GER - THERAPY FORM
- ◇ SDS AND GHS LABEL
- ◇ ABUSE, NEGLECT, EXPLOITATION, & INCIDENT REPORTING
- ◇ DRIVERS TRAINING
- ◇ DRUGS & ALCOHOL (LSR IS A DRUG FREE WORKPLACE)
- ◇ FIRE SAFETY CLASS
- ◇ GENERAL PROVIDER: CONFIDENTIALITY, COMPLAINT & GRIEVANCE FORM
- ◇ HARASSMENT & DIVERSITY
- ◇ HIPAA TRAINING

HISTORY

Lincoln Self Reliance, Inc. (LSR) was established because of particular needs in the community, a desire to develop more opportunities and improve the quality of life for individuals with disabilities residing in Lincoln County. LSR provides quality services through teaching life skills and giving dignity and respect to persons with special needs.

LSR is a private not-for-profit organization under Section 501 (c) (3) of the Internal Revenue Code. Not-for-profit status was granted on August 7, 2000.

LSR operates with a Governance Board of seven community members from various backgrounds throughout Lincoln and Uinta Counties.

ADMISSIONS AND ELIGIBILITY

Persons desiring services must have a funding source in place or seek eligibility for a funding source (i.e., Behavioral Health Division Waiver services, private pay, or alternate funding sources.)

DAY HABILITATION

LSR provides Day Hab services in Afton, Thayne, Diamondville, and Evanston. Individuals participating in this program receive assistance in:

- Acquisition and retention of self-help, socialization and adaptive skills.
- Day Hab focuses on assisting each individual to achieve maximum potential in the least restrictive environment.
- Skills are taught on site and in the community. LSR encourages the participation of family, friends, and volunteers in the community.

RESIDENTIAL HABILITATION

LSR provides a 24 hour staffed home in four locations Afton, Thayne, Kemmerer and Evanston

- Daily living skills training
- Transportation to appointments, employment, shopping, recreational events
- Medication management
- Budget training
- Meal preparation training
- Shared household chores

ANCILLARY SERVICES AVAILABLE TO RESIDENTS

- Counseling
- Physical Therapy
- Occupational Therapy
- Dietary Consultation

SUPPORTED LIVING

- LSR offers Supported Living services in Afton and Diamondville/Kemmerer, Thayne and Evanston.
- Participants can live in their own home, family home, or rental unit.
- Assistance with medication management, meal planning and preparation, transportation services, employment, acquisition, managing personal finances and participating in community life.

RESPIRE CARE

- Provide services for adults at the LSR facilities in Afton and Diamondville, and Evanston.
- Respite services are available on a short-term basis for persons who are unable to care for himself or herself unassisted.

COMMUNITY BASED SUPPORTED EMPLOYMENT

- LSR is certified to provide vocational training to individuals with various disabilities.
- Assist participants with preparing to obtain and retain employment.
- Provide ongoing support for participants in a work setting.

PERSONAL CARE

- Personal Care services include assistance with eating, bathing, dressing, personal hygiene, safety and activities of daily living.